

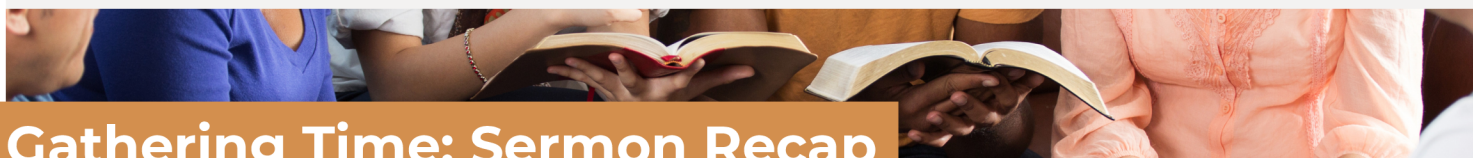
How to Use This Guide:

- **Read the Sermon Recap** by yourself (for devotions) or with your group. You can also watch the sermon on YouTube @CBCFamily.
- **Read the passage/s.** Look for truths, promises, and/or commands. Try to find the “who, what, when, where, why, and how.”
- **Group Time:** First, take turns reading the Scripture passage/s from the sermon, round-robin style, letting each person read one verse. Go around the circle until the whole passage has been read. Then, **utilize the Group Time** portion of this 4G Guide.

What's a 4G? A guide that covers:

1. Gathering Time (Sunday morning)
2. Group Time (for group meetings)
3. God Times (personal and family devotions)
4. Give Time (a prompt for reflection)

- **Personal God Time:** Use these each day to dive into the passages further and challenge yourself to apply the texts.
- **Family God Time:** Use these each week to dive into the passages with your family.
- **Give Time:** Ask your group, yourself, or your family what might be a good response to the sermon or text? How are you inspired to give of your time, talent, or treasure?



Gathering Time: Sermon Recap

Galatians 5: Christ Has Set Us Free

Today, Greg preached the next sermon in the series on the Book of Galatians. Greg preached from Galatians 5 today.

Paul wrote to the Galatians to set the record straight: salvation happens by grace through *faith*, not by works. The Mosaic Law had been given to protect (or act as a guardian) and to show them their need for the Savior. Now He has come, and salvation is by grace through faith in Him alone.

The Galatians knew this, yet struggled with understanding the freedom attained by choosing Christ—freedom from meeting the demands of the Law. Paul emphasized to these Believers that all choices have consequences. He reiterated that they did not need to go through the Law to become a Christian. When they chose Jesus, they were set free. Why would they choose to submit themselves to being enslaved to the Law?

Paul was frustrated with this false teaching; these teachers would be dealt with by God!

Paul urged the Galatians to walk in the freedom of Christ. Choosing Christ gives eternal life through the Holy Spirit. Paul urged them to pursue the Spirit and His fruit, putting to death the works of the flesh and its evil desires.

We must do the same. We should choose Christ, trust in Him, and pursue the fruit (result) of the Holy Spirit in our lives. This brings us joy and fulfillment in this life, and gains an eternal home with our Lord in heaven.

How do we do this? We must be intentional. First, we must make the choice to follow either our flesh or the Holy Spirit. The flesh has negative and eternal consequences. The Spirit gives life and joy. Next, we must evaluate and recognize our fruit. If we notice something lacking in the fruit we bear, we seek God and ask Him for the fruit only He can grow. Last, we walk by the Spirit, following in God's ways, relying on His direction and power.

It is for freedom Christ has set us free. Walk by the Spirit today and every day!

Group Time: Questions

Conversation Starter

Ask: How did the Sunday sermon impact you personally?

Discussion Questions

Choose a track, mix and match, or do them all.

- **Track 1:** What is the main point of the passages that were discussed in today's sermon? Give a summary statement of Galatians 5.
- Describe the freedom Christ has given. Compare and contrast this with slavery to the Law.
- What is the warning for those who fulfill the desires of the flesh? Are these Believers? (No, they do not have the result of having the Spirit.) But, how serious must sin be?

- **Track 2:** Why do think some Believers might rather trust in rules instead of grace?

- We do not have to follow the Mosaic Law. However, Paul says in verse 14 that there is one way to fulfill it. How can you do that this week?

- How serious is it to teach the "true Jesus"? Why?

- **Track 3:** How can we guard ourselves from gratifying the desires of the flesh? What desires are you struggling with? (Pray for one another.)

- What are some practical ways that we can walk by the Spirit? (How can we practice the good qualities in vv. 22-23?)

- Discuss: Only God grows the fruit. We bear it.



God Time: Personal

Use the sermon notes from our Gathering Time this week for your personal time with God. Use a spare notebook or your favorite device to journal your responses. Include prayer and application in your time with God!

- **Monday:** Read Gal 5:1-6 from the sermon. What stands out? Compare and contrast freedom and slavery, noting vv. 4-5.
- **Tuesday:** Read Gal 5:7-12. How does this passage show you the importance of teaching and sharing the true gospel?
- **Wednesday:** Read Gal 5:13-18. What does this passage say about loving others? How can we keep from following the flesh?
- **Thursday:** Read Gal 5:19-21. Ask God what desires of the flesh you need to crucify. Ask for the Spirit's power and direction.
- **Friday:** Read Gal 5: 22-25. We can walk by the Spirit, enjoying His fruit in our lives. Pray for Him to grow fruit in you. Pray for fruit in other Believers. Pray for the lost.



God Time: Family

Parents: Familiarize yourself with sermon recap from our Gathering Time. Sum it up in a way your child can understand.

- Consider **reading** Galatians 5:22-23 from today's sermon from the ERV.
- Give a **summary** statement like: "When we have God in our hearts, He grows good things like beautiful thoughts and attitudes in us. It is the result, or fruit, of having Him in our lives. We call these good things the Fruit of the Spirit."
- **Ask:** What is the Fruit of the Spirit?
- **Say:** It is the good result of having Jesus in our hearts!
- **Activity:** Put a few tablespoons of baking soda into an empty water bottle. Explain that the soda is like our hearts. Then explain that the vinegar is like God's Holy Spirit. Pour the vinegar into the bottle with the baking soda. Explain that the Spirit in our hearts does amazing and wonderful things! Ask God for the Fruit of the Spirit.

Give: *How does this week's sermon inspire you to give of your time, talent, or treasure?*