

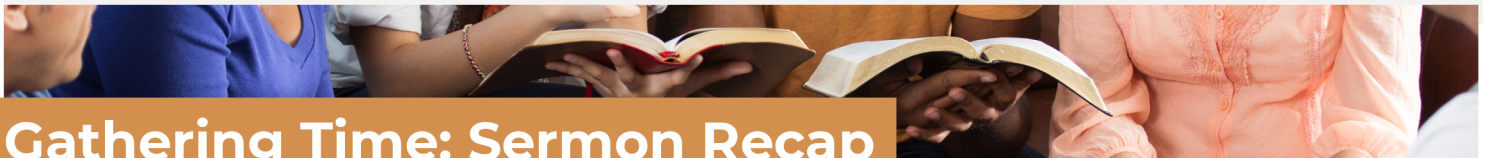
How to Use This Guide:

- **Read the Sermon Recap** by yourself (for devotions) or with your group. You can also watch the sermon on YouTube @CBCFamily.
- **Read the passage/s.** Look for truths, promises, and/or commands. Try to find the “who, what, when, where, why, and how.”
- **Group Time:** First, take turns reading the Scripture passage/s from the sermon, round-robin style, letting each person read one verse. Go around the circle until the whole passage has been read. Then, **utilize the Group Time** portion of this 4G Guide.

What's a 4G? A guide that covers:

1. Gathering Time (Sunday morning)
2. Group Time (for group meetings)
3. God Times (personal and family devotions)
4. Give Time (a prompt for reflection)

- **Personal God Time:** Use these each day to dive into the passages further and challenge yourself to apply the texts.
- **Family God Time:** Use these each week to dive into the passages with your family.
- **Give Time:** Ask your group, yourself, or your family what might be a good response to the sermon or text? How are you inspired to give of your time, talent, or treasure?



Gathering Time: Sermon Recap

Galatians 6: Bear One Another's Burdens

Today, Greg preached the last sermon in the series on the Book of Galatians. Greg preached from Galatians 6 today.

Paul wrote to the Galatians to set the record straight: salvation happens by grace through *faith*, not by works. The Mosaic Law had been given to protect (or act as a guardian) and to show them their need for the Savior. Now He has come, and salvation is by grace through faith in Him alone.

Salvation through faith has responsibilities! In chapter six of Galatians, Paul explains that we are to bear one another's burdens. As Christians who are filled with the Holy Spirit of God, it matters how we treat each other. Paul gives instructions on how to restore a sinning church member. Greg expounded that as we grow in godliness, we can mentor those who are younger in the faith and be mentored (or corrected) by someone who is spiritually mature. In this way, we help each other grow in our process of sanctification. No one is exempt from needed correction.

We also are to bear one another's burdens. While we don't want to enable someone's poor choices, we do want to be benevolent—showing kindness and compassion to those in the church and those in the community.

In Galatians, Paul goes on to explain that we also must bear our own load. This means that living out our faith has individual implications. Our faith is our own in that we can't ride the coattails of anyone else's experience. We answer individually to God for our actions. Paul goes on to explain that we must keep going in our faith, not becoming weary of doing good. Perseverance is an expression of Christlikeness!

Christ sets us free from legalism and the world. We must pursue Him above all else. Are you? If so, bear other's burdens and help them. Or, if you need help, ditch your pride and ask for it! Also, make sure your faith is your own: invest in your relationship with the Lord.

Lastly, keep going and don't give up. The Lord is with you, helping you walk in freedom!

Group Time: Questions

Conversation Starter

Ask: How did the Sunday sermon impact you personally?

Discussion Questions

Choose a track, mix and match, or do them all.

- **Track 1:** What is the main point of the passages that were discussed in today's sermon? Give a summary statement of Galatians 6.
- Describe what it means to bear one another's burdens. How does Gal 6:1-10 relate to 5:13?
- How is Gal 6:1-10 an antidote to the problems in 5:15 and 5:26? Have you ever seen someone who helped someone else, and it improved their relationship with that person?

- **Track 2:** When Christians help one another, what does it show the world? Read Jn 13:34-35.
- Why do you think some people struggle to ask for help? How can we overcome this?
- What are some tangible ways your group can help someone this week?

- **Track 3:** Have you ever, or have you now, grown weary of helping others? (Pray for one another.)
- What have you done to combat weariness in your faith?
- How has this series from Galatians impacted your life? What has changed in your thinking and/or actions?



God Time: Personal

Use the sermon notes from our Gathering Time this week for your personal time with God. Use a spare notebook or your favorite device to journal your responses. Include prayer and application in your time with God!

- **Monday:** Read Gal 6:1-3 from the sermon. What stands out? Note all the things Believers are to do and think.
- **Tuesday:** Read Gal 6:4-5. What are we to do? Why? (We can't ride others' coattails.) Ask God to help you see "your own load."
- **Wednesday:** Read Gal 6:6-8. What is the law of sowing and reaping? What should we be sowing? What do we then reap?
- **Thursday:** Read Gal 6:9-10. We do good as a response to our faith in Christ. Who will you do good to? What will you do? When?
- **Friday:** Read Gal 6:11-18. Paul concludes his letter to the Galatians. What does he boast in? Through the cross, we are new creations. Reread vv.15-16. Praise God for what is upon those who walk by faith.



God Time: Family

Parents: Familiarize yourself with sermon recap from our Gathering Time. Sum it up in a way your child can understand.

- Consider **reading** Galatians 6:2-3 from today's sermon from the ERV.
- Give a **summary** statement like: "As followers of Jesus, we help others like He does. When He walked this earth, He showed love and mercy to everyone. He still does; we should, too!"
- **Ask:** How can we show others love and mercy, like Jesus does?
- **Say:** We help them!
- **Activity:** Make a list of people you know who might need help. See if you can come up with ten names of people inside and outside of the church. Perhaps your family can make an encouraging card for a church member. Maybe a neighbor needs yard work. Get creative! Post the list where your family can see it and work toward blessing every person on your list.

Give: *How does this week's sermon inspire you to give of your time, talent, or treasure?*