

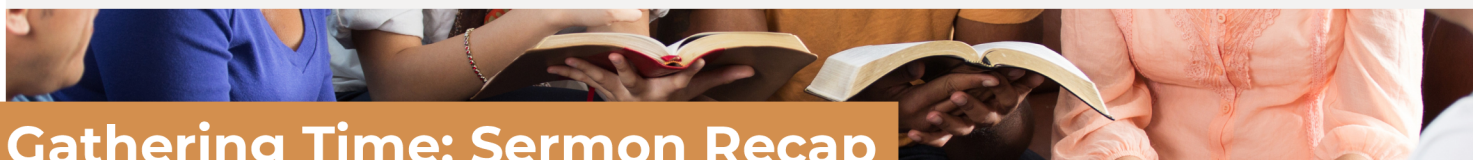
## How to Use This Guide:

- **Read the Sermon Recap** by yourself (for devotions) or with your group. You can also watch the sermon on YouTube @CBCFamily.
- **Read the passage/s.** Look for truths, promises, and/or commands. Try to find the “who, what, when, where, why, and how.”
- **Group Time:** First, take turns reading the Scripture passage/s from the sermon, round-robin style, letting each person read one verse. Go around the circle until the whole passage has been read. Then, **utilize the Group Time** portion of this 4G Guide.

### What's a 4G? A guide that covers:

1. Gathering Time (Sunday morning)
2. Group Time (for group meetings)
3. God Times (personal and family devotions)
4. Give Time (a prompt for reflection)

- **Personal God Time:** Use these each day to dive into the passages further and challenge yourself to apply the texts.
- **Family God Time:** Use these each week to dive into the passages with your family.
- **Give Time:** Ask your group, yourself, or your family what might be a good response to the sermon or text? How are you inspired to give of your time, talent, or treasure?



## Gathering Time: Sermon Recap

### Galatians 4: Sons and Heirs

Today, Greg preached the next sermon in the series on the Book of Galatians. Greg preached from Galatians 4 today.

Paul wrote to the Galatians to set the record straight: salvation happens by grace through *faith*, not by works. The Mosaic Law had been given to protect (or act as a guardian) and to show them their need for the Savior. Now He had come, and salvation is by grace through faith in Him alone.

The Galatians knew this, yet strayed. Paul called them out, perplexed that they might view him as an enemy just for telling them the truth. He began to question if he had wasted his time teaching them, since they didn't appear to get it. He offered the Galatians an illustration that they would understand (vv. 21-27) and then brought the lesson home: the Galatians Believers were set free from legalism! Christ accomplished all the Law required; they were children, not of slavery, but of the free woman. So are we!

Yes, like the Galatians, Believers today are free. We are no longer bound to the requirements of the Law. What does this mean? Since righteousness *cannot* be earned (it comes by grace alone), we should not strive to earn it! Instead, we obey as a response to God's love.

Also, we should turn away from “elementary principles”—anything we are tempted to turn to in place of Christ, whether for salvation or satisfaction, and whether they be good things or not. Instead, we must turn only to Christ! He alone saves us and satisfies our spirits.

We must remember that we are sons (or daughters) and heirs of God with Christ Jesus. As such, the Holy Spirit indwells us, and we have value! In response, we should listen to God and live like the valued heirs we are!

Lastly, we must be a real friend and know who our real friends are. Like Paul, we must be willing to speak the truth about God and be around those who do. That's the kind of life that the “sons and heirs” of God live!

## Conversation Starter

Ask: How did the Sunday sermon impact you personally?

## Discussion Questions

Choose a track, mix and match, or do them all.

- **Track 1:** What is the main point of the passages that were discussed in today's sermon? Give a summary statement of Galatians 4.
- Describe what life as a "son and heir" of God looks like.
- How is a Believer different from a non-Believer according to verses 6 and 7? What difference has the Holy Spirit made in your life?

- **Track 2:** What sorts of things other than Jesus do you think Believers are tempted to turn to for satisfaction?
- Are you currently struggling with turning to something/someone other than Christ for spiritual satisfaction? (Pray for one another.)
- What might the lost turn to for salvation?

- **Track 3:** Do you have "a Paul" in your life? (Someone who boldly speaks God's truth?) Are you "a Paul" to someone?
- The Holy Spirit brings God's Word to our memory. Are you in the Word? Why? Why not?
- "Your value comes from God." Discuss that truth.



## God Time: Personal

Use the sermon notes from our Gathering Time this week for your personal time with God. Use a spare notebook or your favorite device to journal your responses. Include prayer and application in your time with God!

- **Monday:** Read Gal 4:1-7 from the sermon. What stands out? Compare this passage to Gal 1:6. Why was Paul so astonished?
- **Tuesday:** Read Gal 4:8-11. Why was Paul concerned he had wasted his time? Pray that God reveals any areas where you might be "turning back."
- **Wednesday:** Read Gal 4:12-15. Relationships are an important context for hard conversations. Pray for your relationships today.
- **Thursday:** Read Gal 4:16-20. Paul wanted to see Christ formed in the Galatians. Who do you want to see Christ formed in?
- **Friday:** Read Gal 4:28-31. We are children of freedom, not slavery. Spend time praising God that you are free in Christ!



## God Time: Family

Parents: Familiarize yourself with sermon recap from our Gathering Time. Sum it up in a way your child can understand.

- Consider **reading** Galatians 4:6-7 from today's sermon from the ERV.
- Give a **summary** statement like: "When we believe in Jesus and how He died on the cross for our sins, we become a child of God. Then, the Holy Spirit comes to fill us up with love for God the Father! Because we are God's children, we get what He has promised us, like life in heaven someday!"
- **Ask:** Who can be a child of God?
- **Say:** Anyone can be a child of God by believing in Jesus and what He did!
- **Activity:** Make a salvation paper chain. You'll need black, red, white, blue, green, and yellow paper. Black is for sin, red is for Jesus' blood, white is for forgiveness, blue is for baptism, green is for growth, and yellow is for heaven. Shape the paper strips into a chain of loops. Secure with tape.

**Give:** *How does this week's sermon inspire you to give of your time, talent, or treasure?*